

**Contemporary India: Society and Culture  
University of Kerala, Thiruvananthapuram  
8-24 August 2016**

DAY	DATE	CITY	MORNING	FIRST HALF	SECOND HALF	EVENING
1	8 <sup>th</sup> August (Monday)	Yoga	Check in and registration		HERITAGE DRIVE Drive from University Barton Hill, LMS, PMG, Vellayambalam, Kanaka-Unnu Fort, Padmanabhapuram temple, CSI Church, Cannemera Market Legislative Assembly, Public Library, Arts College, Sanskrit College, Secretariat	Cultural evening Traditional dance forms of Kerala <ul style="list-style-type: none"> <li>• Mohiniyattom</li> <li>• Thiruvathirakkali</li> <li>• Folk Dance</li> <li>• Kadhakali</li> </ul>
2	9 <sup>th</sup> August (Tuesday)	Yoga	Yoga	Induction Programme at Senate Chamber, University of Kerala.	<i>Lecture:</i> India and UK-Foreign Policy and international relations.	Cultural evening Classical Music – Hindustani, Traditional and Western,
3	10 <sup>th</sup> August (Wednesday)	Yoga	Yoga	<i>Lecture:</i> Indian History: Ancient and Modern Period	<i>Lecture:</i> Cultural Diversity in India	Visit to Kanakakkunnu Palace, Napier Museum and Observatory)
4	11 <sup>th</sup> August (Thursday )	Yoga	Malayalam class	<i>Lecture:</i> Indian Social Values	<i>Lecture:</i> Development of Indian Thought : Role of Manuscripts  Visit to Manuscript Library	Interface with Kerala and British cuisine  Lessons in cookery traditional style
5	12 <sup>th</sup> August (Friday )	Yoga	Malayalam class and learning the National Anthem Janagana Mana	<i>Lecture:</i> Characteristic Features of Indian Philosophy	<i>Lecture:</i> Indian Social Life : Modern Trends	Visit to Santhigiri

6	13 <sup>th</sup> August (Saturday ) (Experiencing the influence of British in Kerala through travel)	Yoga	On the way to Vizhinjam – Rock Cut temple  Interface with geographical indication- Kaithary at Balaramapuram	Visit to Padmanabhapuram Palace and nearby palaces		Kanyakumari  Sunset at the tip of Indian sub-continent where three oceans meet. Arabian sea, Indian ocean and bay of Bengal.
7	14 <sup>th</sup> August (Sunday )	Yoga	Visit to Keralan backwaters Anjuthengu Fort, Thuruthishiva temple, Varkalathurappu, Sivagiri			
8	15 <sup>th</sup> August (Monday)	Yoga	Malayalam class	<i>Lecture:</i> Gendering Indian Popular Cinema	<i>Lecture:</i> Indian Languages and scripts	Indian Cinema (Video) (English Vinglish)
9	16 <sup>th</sup> August (Tuesday)	Yoga	Malayalam class  Independence day celebrations at University of Kerala. Recital of national anthem	<i>Lecture:</i> Characteristic Features of Indian Philosophy	<i>Lecture:</i> Indian Social Values	Visit to Santhigiri
10	17 <sup>th</sup> August (Wednesday)	Yoga	Visit to Manuscript Library, University of Kerala	<i>Lecture:</i> Introduction to Indian feminist thought	<i>Lecture:</i> Malayalam language lab	Visit to religious spots
11	18 <sup>th</sup> August (Thursday)	Yoga	<i>Lecture:</i> Developments in Science	<i>Lecture:</i> India and the World – Panel	Onam celebration Athapoovu, Oonjal, Ona Sadhya	Feel of Onam Celebrations with traditional dance forms Kolkali, Pulikkali, (Pooramkali, Uppana, Margamkali)
12	19 <sup>th</sup> August (Friday)	Yoga	<i>Lecture:</i> Indian Legal System – Influence of British Traditions and Modern Political Thought	<i>Lecture:</i> Digital Revolution	Visit to DCB where traditional & modernity blends. Interaction with Indian students + Dressing in Indian Style	Visit to observatory
13	20 <sup>th</sup> August (Saturday)	Yoga	<i>Lecture:</i> History of Sports in India and	<i>Lecture:</i> Attaining Health and Wellness	<i>Lecture:</i> Women and Sports in India	

			Managing of Sports for Rural Youth	through Physical Activity		
14	21 <sup>st</sup> August (Sunday)	Yoga	<i>Lecture: Ayurvedam</i>	<i>Lecture: Ayurvedam</i>	Visit to Govt. Ayurveda Hospital, TVPM	
15	22 <sup>nd</sup> August (Monday)	Yoga	Experience Sharing	Presentation	Presentation	
16	23 <sup>rd</sup> August (Tuesday)		Certificate distribution & closing Ceremony		Reflection session	Light and sound show Musical Evening
17	24 <sup>th</sup> August (Wednesday)	Departure				